



## UNC CFAR Social and Behavioral Science Research Core SABI Database

INSTRUMENT TITLE: HIV-related stigma scale

SOURCE ARTICLE: Visser, M. J., Kershaw, T., Makin, J. D., Forsyth, B. W. C. (2008).  
Development of Parallel Scales to Measure HIV-Related Stigma. *AIDS Behav*, 12, 759-771.

RESPONSE OPTIONS: Agree, Disagree

SURVEY ITEMS:

Personal stigma for community members:

1. I think getting HIV is a punishment for bad behavior.
2. If I was in public or private transport, I would not like to sit next to someone with HIV.
3. Having HIV is just a matter of bad luck.
4. I think less of someone because they have HIV.
5. I would not like someone with HIV to be living next door.
6. I would not like to be friends with someone with HIV.
7. It is safe for a person with HIV to look after somebody else's children. (reverse)
8. People with HIV can teach us a lot about life. (reverse)
9. I would not date a person if I know that he/she has HIV.
10. I feel afraid to be around people with HIV.
11. People with HIV/AIDS have only themselves to blame.
12. People with HIV deserve as much respect as anyone else. (reverse)

TERMS OF USE:

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

Visser, M. J., Kershaw, T., Makin, J. D., & Forsyth, B. W. C. (2008). Development of parallel scales to measure HIV-related stigma. *AIDS and Behavior*, 12(5), 759-771.

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13. I would not employ someone with HIV.
14. I would not drink from a tap if a person with HIV had just drunk from it.
15. If you have HIV you must have done something wrong to deserve it.
16. People with HIV should be ashamed of themselves.
17. I feel uncomfortable around people with HIV.
- Attributed stigma (perception how most people feel)*
18. Most people think that getting HIV is a punishment for bad behavior.
19. Most people would not like to sit next to someone with HIV in public or private transport
20. Most people think that having HIV is just a matter of bad luck.
21. Most people think less of someone because they have HIV.
22. Most people would not like someone with HIV to be living next door.
23. Most people would reject the friendship of someone with HIV.
24. Most people think it is safe for a person with HIV to look after somebody else's children.  
(reverse)
25. Most people think that people with HIV can teach us a lot about life. (reverse)
26. Most people would not date a person if they know that he/she has HIV.
27. Most people are afraid to be around people with HIV.
28. Most people feel that if you have HIV it is your own fault.
29. Most people feel that people with HIV deserve as much respect as anyone else. (reverse)

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30. Most employers would not hire someone with HIV to work for them.
31. Most people would not drink from a tap if a person with HIV had just drunk from it.
32. Most people believe that if you have HIV you must have done something wrong to deserve it.
33. Most people believe that someone with HIV should be ashamed of themselves.
34. Most people feel uncomfortable around people with HIV.

*Internalized stigma of HIV positive women*

35. Getting HIV is a punishment for bad behavior.
36. If I was in a public or private transport and someone knew I had HIV they would not sit next to me.
37. I think my getting HIV was just a matter of bad luck.
38. I think less of myself because I have HIV.
39. My neighbors would not like me living next door if they knew I had HIV.
40. I would understand if people rejected my friendship because I am HIV+
41. I feel it is completely safe for me to handle other people's children. (reverse)
42. I have a lot to teach people about life through having HIV. (reverse)
43. Because of my HIV people would not date me.
44. People are right to be afraid of me because I have HIV.
45. I feel that it is my fault that I got HIV.

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46. Although I have HIV I am a person who deserves as much respect as anyone else. (reverse)
47. Most employers would not employ me because I am HIV+.
48. If I drank from a tap and people knew I had HIV they would not drink from the same tap.
49. I must have done something wrong to deserve getting HIV.
50. I feel ashamed that I have HIV.
51. When people know I have HIV I feel uncomfortable around them.

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